

Navigating Relationships Together:

- Start with yourself
- Communication skills
- Explore Healthy vs Unhealthy Relationships

When: September 11th, 2026

Time: 11:00 AM-1:00 PM

Where: HMC Connections

380 Dundas St. E. Unit #11

Oakville, ON L6H 6Z9.

Presenter

Dalia Mohammed,

Psychotherapist

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Registration

Scan the QR code or email

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Unlocking Relationships Dynamics: With Q&A For Arab Women

