

Mentoring Program

The objective of the ***Career Mentorship Program*** is to help internationally trained professionals make the transition to working in Canada.

Who can participate

Eligibility:

- In Canada, Permanent Resident and Convention Refugee

For **Career Mentoring**

- No professional experience in Canada (or very little)
- Unemployed or underemployed (i.e. Not working in your profession)
- Post-secondary education equal to a College or University degree

For *Work Permit and Refugee Claimant*: Depending on available mentors without mentees, may be given the opportunity to participate in the mentoring program.

Readiness for Career Mentoring:

- Job ready in your profession (language, technical skills, certification, etc.)
- Actively job searching
- Knowledge of effective job search techniques
- Clear job goal

Benefits to Mentees:

- Insight into your profession

and sector within Canada

- Network and develop professional and community connections
- Deeper understanding of Canadian workplace environment
- Develop cross-cultural

communication skills

- Improve English Language communication

Career Mentoring Program Activities

- Understanding Canadian workplace culture
- Identifying skills required by market demand
- Guiding through the licensing and accreditation process (if applicable)
- Improving professional terminology
- Mastering self-marketing techniques and confidence building
- Selecting technical skills upgrading programs, trainings and resources
- Locating publications and workshops on recent developments in your field
- Establishing professional networks
- Supporting and encouraging efforts to become professionally established
- Referrals to recruiters and employers
- Opportunity to ask questions and guidance according to career goal

Language and Settlement Mentoring Program Activities

- Finding places to buy for certain foods, place of worship and thrift shops.
- Understanding how to use local city transit and GO transit.
- Finding community libraries, sports or other recreations.
- Locating government services and drive test centres.
- Practising English conversational skills.
- Improving vocabulary and learning some topics on how to open a conversation.
- Gain confidence in building network.
- Learn garbage collection, recycling proper disposal of waste
- Saving energy tips, caring for environment and animals
- School community and Bussing
- Traffic rules and etiquette
- Other support, guidance and resources as per client needs.